

Carbondale Emergency Task Force (CETF) Partners with Roaring Fork Neurology to Launch FREE Covid-19 Test Site in Carbondale

CARBONDALE, Colo. (November 25, 2020) – The Carbondale Emergency Task Force (CETF) announces a partnership with Roaring Fork Neurology to launch Carbondale's first and only free COVID-19 test site, opening Tuesday December 1, 2020.

Where is the Carbondale testing site located? The COVID-19 test site is located at the west side of Carbondale Town Hall, at 511 Colorado Ave, in the Rec Center parking lot. Access is via car from 4th Street (behind Town Hall). It is an outside, tented site and is conveniently accessible as a drive-through.

What are operating hours and days? The COVID-19 test site will operate Monday-Friday, 9 AM to 1 PM.

How do I make an appointment? This service is appointment-only testing and does not require a doctor's referral or appointment. Walk-ups are not available at this time and Appointments must made via the following website: <u>www.rfvcovidtest.com</u>

How much does COVID testing cost? All COVID testing is free for those in the Roaring Fork Valley. Colorado Department of Public Health and Environment has purchased the tests for our Valley in collaboration with local public health departments and MicrogenDx.

What kind of COVID test is offered? Our test is a saliva PCR test from MicrogenDx. At your appointment time, you will park in a parking space near our Testing Tent and wait for our staff to come to your car. We will have a specimen cup with your name on it, and we will hand you the cup to provide a saliva sample.

When and how will I know my results? MicrogenDx has a typical turnaround time of 48-72 hours. However, as the volume of testing increases, there is always a possibility of a delay. You will receive your results through the email address that you provide when scheduling your appointment. If your test is positive, you will also get a call from our Testing Team and from local public health authorities regarding next steps.

Can children be tested? If your child can provide a saliva (spit) sample, then we can test them. This is usually best for children at least 5 years old. Please know that our local schools follow certain protocols that require a clinical evaluation with a healthcare professional in order to get clearance to return to school. Contact your child's pediatrician for clearance to go to school and to return to sports after any illness.

What are the symptoms of COVID-19? People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus and include the following:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If I am not feeling well, what should I do? Many individuals have mild symptoms and do not need to see a doctor. However, older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. We also know that many young people, including children, can develop more serious illness. If anyone is showing any of these emergency warning signs of COVID-19, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you. Call 911 or call ahead to your local emergency facility and notify the operator that you are seeking care for someone who has or may have COVID-19.

All individuals who have had a COVID19-like illness should see their primary care doctor for clearance to return to school and any high intensity sports activities in the future to be sure that there are no long-term cardiac issues from the virus.

What should I do while waiting for my results? It depends on your situation and why you are being tested.

*If you have been exposed to someone who has tested positive for the virus, you need to quarantine for a total of 14 days from your last exposure while monitoring for any symptoms. This is true no matter what results you receive from us. This is not optional, and testing does not change what you have to do.

*If you have any symptoms of COVID-19, you should isolate immediately, including isolating in a room in your home away from others. Even if your test comes back positive, you will need to

continue to isolate for a total of 10 days from the start of symptoms AND until you have been symptom-free including no fever for at least 24 hours, whichever is longer.

*If you are testing for travel purposes and have no symptoms and no exposure to the virus, you do not need to isolate or quarantine.

All individuals, no matter the reason for testing, should be following the <u>Five Commitments To</u> <u>Containment:</u>

- 1. Maintain 6 feet of distance from anyone not in your household.
- 2. Wash your hands often.
- 3. Wear a mask in public.
- 4. Stay home when sick.
- 5. Seek testing immediately and self-report if you experience symptoms.

Who will see my test results? We report all COVID test results to our local public health departments and to the State of Colorado. You will also receive an email with your test results.

(ENDS)

For more information on other Roaring Fork COVID-19 testing locations visit: <u>https://</u><u>www.rfvcovidtest.com/</u>

The Town of Carbondale established the **Carbondale Emergency Task Force (CETF)**, a collective group of volunteer and organizational expertise from across the community to provide support and guidance to the town in key areas of the potential impact from the COVID-19 global pandemic public health crisis. The community is encouraged to visit the CETF webpage and the English and Spanish language CEFT Facebook pages for all public announcements and updates from the Task Force:

<u>https://www.carbondalegov.org/government/emergency/</u> <u>https://www.facebook.com/CarbondaleETF</u> <u>https://www.facebook.com/Grupo-de-Trabajo-de-Emergencia-de-Carbondale</u>

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